

Psalm 23 - He Restores My Soul

September 1, 2019

Psalm 23:1-6 ESV A Psalm of David.

1 The LORD is my shepherd; I shall not want.

2 He makes me lie down in green pastures. He leads me beside still waters.

3 He restores my soul. He leads me in paths of righteousness for his name's sake.

4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

5 You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows.

6 Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the LORD forever.

Psalm 23:1-6 ESV A Psalm of David.

3 He restores (*shuwb* - to restore, refresh, repair) **my soul**. **He leads** (*nachah* - guide, lead forth, conduct, transport, bring) **me in paths of righteousness for his name's sake**.

Psalm 19:7-10 NASB

*7 The law of the LORD is perfect, restoring (*shuwb* - return, bring back, deliver) the soul; the testimony of the LORD is sure, making wise the simple.*

8 The precepts of the LORD are right, rejoicing the heart; the commandment of the LORD is pure, enlightening the eyes.

9 The fear of the LORD is clean, enduring forever; the judgments of the LORD are true; they are righteous altogether.

10 They are more desirable than gold, yes, than much fine gold; sweeter also than honey and the drippings of the honeycomb.

- *The Word of God is more desirable than gold because of the deliverance, transformation and joy His Word brings.*

Jeremiah 15:16 ESV

16 Your words were found, and I ate them, and your words became to me a joy and the delight of my heart, for I am called by your name, O LORD, God of hosts.

- *The restoration of our souls is far deeper than just feeling refreshed or energized, although that is included as well.*
- *The restoration of our souls is forgiveness for the sinner, reunion for the outcast, rest for the weary, strength for the weak, healing for the sick, deliverance for the oppressed.*
- *The purpose of our souls being restored is to enable and empower us to walk in obedience to God in the paths of righteousness.*

Romans 7:18-19 ESV

18 For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out.

19 For I do not do the good I want, but the evil I do not want is what I keep on doing.

- *The restoring of our souls is the repairing, the recreation, the turning back of our hearts and minds from the damage, wounds, scars and destruction of sin, to a place of freedom where we can live in obedience to God's Word.*
- *Before there can be the enabling to obey, there must be the destruction of sin's strongholds in our mind and soul which prevent and cripple us from obeying.*

2 Corinthians 10:3-5 ESV

3 For though we walk in the flesh, we are not waging war according to the flesh.

4 For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds.

5 We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ.

- *arguments (logismos) a reckoning, reasoning and computation which hostile to the Christian faith*
- *lofty opinion (hypsōma) elevated barrier, rampart, bulwark*

Psalm 119:130 ESV

130 The unfolding (pethach - opening, unfolding, disclosure, to illustrate, declare) of your words gives light; it imparts understanding to the simple.

Ephesians 4:22-24 ESV

22 to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires,

23 and to be renewed in the spirit of your minds,

24 and to put on the new self, created after the likeness of God in true righteousness and holiness.

- *renewed (ananeoō - "the verb is a present participle and should be translated 'being constantly renewed'")*
- *spirit (pneuma - the disposition or influence which fills and governs the soul)*
- *The old nature is corrupt, incapable of obeying God. The new nature is created in God's likeness, in righteousness and holiness, capable of obeying God.*

Romans 12:2 ESV

2 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

- *conformed (sychēmatizō) to fashion alike, to conform to the same pattern*
- *transformed (metamorphoō) transfigure*
- *renewal (anakainōsis) new in quality, not time, complete change for the better*

2 Peter 1:3-4 ESV

3 His divine power has granted to us all things that pertain to life and godliness, through the knowledge of Him who called us to his own glory and excellence,

4 by which he has granted to us His precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire.

- partakers (koinōnos) partner, comrade, companion, to share in common, partaker

Hebrews 8:8-12 ESV

8 For he finds fault with them when he says: "Behold, the days are coming, declares the Lord, when I will establish a new covenant with the house of Israel and with the house of Judah,

9 not like the covenant that I made with their fathers on the day when I took them by the hand to bring them out of the land of Egypt. For they did not continue in my covenant, and so I showed no concern for them, declares the Lord.

10 For this is the covenant that I will make with the house of Israel after those days, declares the Lord: I will put my laws into their minds, and write them on their hearts, and I will be their God, and they shall be my people.

11 And they shall not teach, each one his neighbor and each one his brother, saying, 'Know the Lord,' for they shall all know me, from the least of them to the greatest.

12 For I will be merciful toward their iniquities, and I will remember their sins no more."

- put (didōmi) to give, supply furnish, endue, administer
- write (epigraphō) to write in, inscribe, fix indelibly upon, to cleave to, to be vividly present to