

## Psalm 5 - Morning Prayer

July 7, 2019

**Psalm 5:1-12** ESV To the choirmaster: for the flutes. A Psalm of David.

1 **Give ear to my words, O LORD; consider my groaning.**

2 **Give attention to the sound of my cry, my King and my God, for to you do I pray.**

3 **O LORD, in the morning you hear my voice; in the morning I prepare a sacrifice for you and watch.**

### ***Fixed Times of Prayer in the Bible***

*Psalm 55:17* ESV

17 Evening and morning and at noon I utter my complaint and moan, and he hears my voice.

*Psalm 119:62* ESV

62 At midnight I rise to praise you, because of your righteous rules.

*Psalm 119:147-148* ESV

147 I rise before dawn and cry for help; I hope in your words.

148 My eyes are awake before the watches of the night, that I may meditate on your promise.

*Daniel 6:10* ESV

10 When Daniel knew that the document had been signed, he went to his house where he had windows in his upper chamber open toward Jerusalem. He got down on his knees three times a day and prayed and gave thanks before his God, as he had done previously.

*Mark 1:35* ESV

35 And rising very early in the morning, while it was still dark, he [Jesus] departed and went out to a desolate place, and there he prayed.

*Acts 3:1* ESV

1 Now Peter and John were going up to the temple at the hour of prayer, the ninth hour [3:00 PM].

*Acts 10:9* ESV

9 The next day, as they were on their journey and approaching the city, Peter went up on the housetop about the sixth hour [12 noon] to pray.

### **PRAYING IN THE MORNING**

- ***praying first, before you start any activity or endeavor, instead of presuming that you have the knowledge, wisdom and strength to proceed on your own.***
- ***capturing, dedicating and fortifying both the day and your heart for God, instead of your heart being defenseless against the distractions, temptations and trials of the day.***

- **the spiritual discipline of:**
  - **humility** - refusing to lean upon our own understanding, refusing to be wise in our eyes
  - **helplessness** - being utterly dependant upon God, empty of our own strength and abilities
  - **patience** - refusing to move before He moves, refusing to take back the control of our lives
  - **holiness** - separate from the options and solutions of the flesh and of the world

**Proverbs 3:5-7 ESV**

**5 Trust in the LORD with all your heart, and do not lean on your own understanding.**

**6 In all your ways acknowledge** (yada - to know intimately and experientially; Gen 3:5, Gen 4:1) **him, and he will make straight** (yashar - to be right, straight, level, smooth, fitted, pleasing, agreeable) **your paths.**

**7 Be not wise in your own eyes; fear the LORD, and turn away from evil.**

- **Prayer prepares the day before you, and prepares your heart to meet the day.**
- **“Prayer does not equip us for greater works— prayer is the greater work.”**  
—Oswald Chambers, *The Key of the Greater Work, My Utmost for His Highest*
- **Nothing asserts and demonstrates self-sufficiency, self-reliance and independence from God like prayerlessness.**

## PREPARING A SACRIFICE - ORDERING MY PRAYER

- **Any relationship that is alive, meaningful and growing requires sacrifice; the personal investment of time, faithfulness (consistency), energy and focus.**
- **God is not concerned with location, formality, recent sins, conflicts, moods, attitudes. He simply longs for dedicated communion with you.**
- **Start with thanksgiving, praise and worship culminating in absolute surrender.**

**Matthew 6:9-13 ESV**

**9 Pray then like this: "Our Father in heaven, hallowed be your name.**

**10 Your kingdom come, your will be done, on earth as it is in heaven.**

**11 Give us this day our daily bread,**

**12 and forgive us our debts, as we also have forgiven our debtors.**

**13 And lead us not into temptation, but deliver us from evil.**

**Psalm 100:4 ESV**

**4 Enter his gates with thanksgiving, and his courts with praise! Give thanks to him; bless his name!**

**Psalm 22:3 ESV**

**3 Yet you are holy, enthroned on the praises [dwelling in the praises] of Israel.**

## WATCHING AND WAITING ON GOD

- **watch** (tsaphah) keep watch, spy, observe, lean forward, peer into, to wait

- **ESV** "...I prepare a sacrifice for you and watch."
  - **NASB** "...I will order my prayer to You and eagerly watch."
  - **CSB** "...I plead my case to you and watch expectantly."
  - **NLT** "...I bring my requests to you and wait expectantly."
- **Forges in us by continual discipline and exercise:**

Hebrews 5:14 ESV

"...those who have their powers of discernment trained by constant practice to distinguish good from evil."

- **patient endurance to never give up**

James 1:3-4 NASB

3 ...the testing of your faith produces endurance.

4 And let endurance have its perfect result, so that you may be perfect and complete, lacking in nothing.

Hebrews 3:14 NASB

14 For we have become partakers of Christ, if we hold fast the beginning of our assurance firm until the end.

- **death to our own wisdom, strength, efforts, desires, control**

Psalms 37:7-11 ESV A Psalm of David

7 Be still before the LORD and wait patiently for him; fret not yourself over the one who prospers in his way, over the man who carries out evil devices!

8 Refrain from anger, and forsake wrath! Fret not yourself; it tends only to evil.

9 For the evildoers shall be cut off, but those who wait for the LORD shall inherit the land.

10 In just a little while, the wicked will be no more; though you look carefully at his place, he will not be there.

11 But the meek shall inherit the land and delight themselves in abundant peace.

- **the knowledge God's heart, will and plan**

John 5:19 ESV

19 So Jesus said to them, "Truly, truly, I say to you, the Son can do nothing of his own accord, but only what he sees the Father doing. For whatever the Father does, that the Son does likewise.

John 16:13 ESV

13 When the Spirit of truth comes, he will guide you into all the truth, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come.

James 1:5 ESV

5 If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.

- the spiritual discipline and ability to walk by faith and not by sight

*Romans 4:18-21 ESV*

18 *In hope he believed against hope, that he should become the father of many nations, as he had been told, "So shall your offspring be."*

19 *He did not weaken in faith when he considered his own body, which was as good as dead (since he was about a hundred years old), or when he considered the barrenness of Sarah's womb.*

20 *No unbelief made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God,*

21 *fully convinced that God was able to do what he had promised.*

**"If any of you should ask me for an epitome of the Christian religion, I should say that it is in one word - prayer. Live and die without prayer, and you will pray long enough when you get to hell."**

—Charles Spurgeon

*Psalm 123:1-4 ESV*

**1 A Song of Ascents. To you I lift up my eyes, O you who are enthroned in the heavens!**

**2 Behold, as the eyes of servants look to the hand of their master, as the eyes of a maidservant to the hand of her mistress, so our eyes look to the LORD our God, till he has mercy upon us.**

**3 Have mercy upon us, O LORD, have mercy upon us, for we have had more than enough of contempt.**

**4 Our soul has had more than enough of the scorn of those who are at ease, of the contempt of the proud.**

- Desperation is the fuel for prayer. When you have had "more than enough" you will pray fervently!

**"God does nothing except in response to believing prayer."** —John Wesley

*Habakkuk 1:1-4 ESV*

**1 The oracle that Habakkuk the prophet saw.**

**2 O LORD, how long shall I cry for help, and you will not hear? Or cry to you "Violence!" and you will not save?**

**3 Why do you make me see iniquity, and why do you idly look at wrong? Destruction and violence are before me; strife and contention arise.**

**4 So the law is paralyzed, and justice never goes forth. For the wicked surround the righteous; so justice goes forth perverted.**

*Habakkuk 2:1-3 ESV*

**1 I will take my stand at my watchpost and station myself on the tower, and look out to see what he will say to me, and what I will answer concerning my complaint.**

**2 And the LORD answered me: "Write the vision; make it plain on tablets, so he may run who reads it.**

**3 For still the vision awaits its appointed time; it hastens to the end--it will not lie. If it seems slow, wait for it; it will surely come; it will not delay.**