

Casting Our Cares on Him in Prayer

April 5, 2018

1 Peter 5:6-9 ESV

6 **Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you,**

- *Be submissive and content with God's sovereign ordering of your life (calling, circumstances, events).*
- *Trust God that His ways are always right, good and best, even when we don't understand.*
- *If we stay humble, submissive and obedient, then God is able to exalt us when the time is right.*

7 **casting** (*epiriptō* - to throw upon, give up to, throw away, throw off, set down) **all your anxieties** (*merimna* - care, anxiety, distraction, divide, separate into parts, to split) **on him, because he cares** (*melei* - to concern, be of interest to, care about) **for you.**

- *These cares and anxieties:*
 - *distract and divide our minds and focus from what is really important and needful*
 - *create stress, confusion, depression and fatigue*
 - *cause doubts, complaining, questioning and unbelief in God*
 - *promotes self-reliance and self-sufficiency while trying to stay in control*

8 **Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.**

- *Satan is a master of attacking and oppressing us with anxiety, cares and fears, all to distract and divide us away from God.*

9 **Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world.**

2 Timothy 1:8-12 ESV

8 **Therefore do not be ashamed of the testimony about our Lord, nor of me his prisoner, but share in suffering for the gospel by the power of God,**

9 **who saved us and called us to a holy calling, not because of our works but because of his own purpose and grace, which he gave us in Christ Jesus before the ages began,**

10 **and which now has been manifested through the appearing of our Savior Christ Jesus, who abolished death and brought life and immortality to light through the gospel,**

11 **for which I was appointed a preacher and apostle and teacher,**

12 **which is why I suffer as I do. But I am not ashamed, for I know whom I have believed, and I am convinced that he is able to guard until that Day what has been entrusted to me.**

- *The trust in God which brings true peace and security cannot be humanly manufactured or mustered up.*
- *True trust in God comes by relationship alone. You trust someone you know. You don't trust someone you don't know.*