

## How to Defeat Sin and Live Godly

December 18, 2016

**Hebrews 12:14** NASB

14 **PURSUE** (*dioko - run swiftly in order to catch, seek after eagerly, run after, earnestly endeavor*) **PEACE WITH ALL MEN, AND THE SANCTIFICATION WITHOUT WHICH NO ONE WILL SEE THE LORD.**

**Romans 7:18** NASB

18 For I know that nothing good dwells in me, that is, in my flesh; **FOR THE WILLING IS PRESENT IN ME, BUT THE DOING OF THE GOOD IS NOT.**

*Any day, any hour, any moment in which we are not pursuing sanctification and holiness, we are living and walking in the works of the flesh.*

*Whether we have a sinful day or a godly day all depends on how we spiritually prepare for the day. When we don't prepare ourselves spiritually, we always default to sinfulness.*

*Many times our sinfulness is not because we intended or wanted to sin; it's because we didn't prepare ourselves spiritually. Many times we find ourselves committing the very sin we hate, but without preparation we are powerless to live godly.*

Components of Defeating Sin and Living Godly:

1. The Cross - Sin's Defeat
2. The Battle for the Mind
3. Abiding in Jesus by Unceasing Prayer
4. Walking by a Higher Power - the Holy Spirit
5. Watch and Pray
6. Cleansed in the Light
7. Accountable to the Church

### **THE CROSS - SIN'S DEFEAT (*not self-discipline*)**

**Romans 6:4-6** NASB

4 Therefore we have been **buried with Him through baptism into death, so that as Christ was raised from the dead through the glory of the Father, so we too might walk in newness of life.**

5 For if we have become **united with Him in the likeness of His death, certainly we shall also be in the likeness of His resurrection,**

6 **knowing this, that our old self was crucified with Him, in order that our body of sin might be done away with, so that we would no longer be slaves to sin;**

**Romans 10:3-4 NASB**

3 For not knowing about God's righteousness and seeking to establish their own, they did not subject themselves to the righteousness of God.

4 For Christ is the end of the law for righteousness to everyone who believes.

**Philippians 1:6 NASB**

6 For I am confident of this very thing, that He who began a good work in you will perfect it until the day of Christ Jesus.

## **THE BATTLE FOR THE MIND**

**Romans 8:5-6 NASB**

5 For those who are according to the flesh set their minds on (*phroneo - to exercise the mind, direct one's mind to, to be mentally disposed, to be of the same mind*) the things of the flesh, but those who are according to the Spirit, the things of the Spirit.

6 For the mind set on the flesh is death, but the mind set on the Spirit is life and peace.

**Psalms 1:2-3 NASB**

2 But his delight is in the law of the LORD, And in His law he meditates day and night.

3 He will be like a tree firmly planted by streams of water, Which yields its fruit in its season and its leaf does not wither; And in whatever he does, he prospers.

**Romans 12:2 NASB**

2 And do not be conformed to this world, but be transformed (*metamorphoō - transform, transfigure, to change into another form*) by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

## **ABIDING IN JESUS BY UNCEASING PRAYER**

**John 15:4-5 NASB**

4 Abide in Me, and I in you. As the branch cannot bear fruit of itself unless it abides in the vine, so neither can you unless you abide in Me.

5 I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing.

**1 Thessalonians 5:16-18 NASB**

16 Rejoice always;

17 pray without ceasing;

18 in everything give thanks; for this is God's will for you in Christ Jesus.

**Philippians 4:6 NASB**

6 Be anxious for nothing, **but in everything by prayer and supplication with thanksgiving let your requests be made known to God.**

## WALKING BY THE HIGHER POWER OF THE HOLY SPIRIT

Galatians 5:16 NASB

16 But I say, **walk by the Spirit, and you will not carry out the desire of the flesh.**

Galatians 5:18 NASB

18 But if you are **led** (*ago - to lead by laying hold of, lead by accompanying, lead with one's self, to carry, to move, to impel*) **by the Spirit, you are not under the Law.**

Galatians 5:25 NASB

25 If we live by the Spirit, let us also **walk** (*stoicheo - to march in military rank, to keep step, to direct one's life, to conform to*) **by the Spirit.**

Romans 8:2 NASB

2 For **the law of the Spirit of life** in Christ Jesus **has set you free** from the law of sin and of death.

Romans 8:11 NASB

11 But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead **will also give life to your mortal bodies through His Spirit who dwells in you.**

## CLEANSED IN THE LIGHT

1 John 1:7-9 NASB

7 but **if we walk in the Light** as He Himself is in the Light, we have fellowship with one another, and **the blood of Jesus His Son cleanses us from all sin.**

8 If we say that we have no sin, we are deceiving ourselves and the truth is not in us.

9 **If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.**

Ephesians 5:13 NASB

13 But **all things become visible** when they are **exposed by the light**, for everything that becomes visible is light.

## WATCH AND PRAY

Proverbs 22:3 KJV

3 A prudent [man] **forseeth** (*raah - watch, observe, consider, discern, distinguish*) **the evil, and hideth** (*cathar - to be absent*) **himself: but the simple pass on, and are punished.**

**Matthew 26:33-35 NASB**

33 But Peter said to Him, "**Even though all may fall away because of You, I will never fall away.**"

34 Jesus said to him, "Truly I say to you that this very night, before a rooster crows, you will deny Me three times."

35 Peter said to Him, "**Even if I have to die with You, I will not deny You.**" **All the disciples said the same thing too.**

**Matthew 26:40-41 NASB**

40 And He came to the disciples and found them sleeping, and said to Peter, "**So, you men could not keep watch with Me for one hour?**"

41 "**Keep watching and praying that you may not enter into temptation; the spirit is willing, but the flesh is weak.**"

**Luke 22:45 NASB**

45 When He rose from prayer, He came to the disciples and **found them sleeping from sorrow.**

**Matthew 26:45 NASB**

45 Then He came to the disciples and said to them, "**Are you still sleeping and resting? Behold, the hour is at hand and the Son of Man is being betrayed into the hands of sinners.**"

**Matthew 26:56 NASB**

56 "But all this has taken place to fulfill the Scriptures of the prophets." **Then all the disciples left Him and fled.**

## **ACCOUNTABLE TO THE CHURCH**

**Hebrews 10:23-27 NASB**

23 Let us hold fast the confession of our hope without wavering, for He who promised is faithful;

24 **and let us consider how to stimulate one another to love and good deeds,**

25 **not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near.**

26 **For if we go on sinning willfully after receiving the knowledge of the truth, there no longer remains a sacrifice for sins,**

27 but a terrifying expectation of judgment and the fury of a fire which will consume the adversaries.

**James 5:16 NASB**

16 **Therefore, confess your sins to one another, and pray for one another so that you may be healed.**  
The effective prayer of a righteous man can accomplish much.