

## Destroying the Demonic - The Helmet of Salvation Pt.3

June 12, 2016

**Ephesians 6:10-17 NASB**

10 Finally, **BE STRONG IN THE LORD AND IN THE STRENGTH OF HIS MIGHT.**

11 **PUT ON THE FULL ARMOR OF GOD, SO THAT YOU WILL BE ABLE TO STAND FIRM AGAINST THE SCHEMES** (*methodeia - strategy, methods, frame devices, cunning arts, deceit, craft, trickery*) **OF THE DEVIL.**

12 **FOR OUR STRUGGLE** (*wrestling - a contest between two in which each endeavours to throw the other, and which is decided when the victor is able to hold his opponent down with his hand upon his neck*) **IS NOT AGAINST FLESH AND BLOOD, BUT AGAINST THE RULERS, AGAINST THE POWERS, AGAINST THE WORLD FORCES OF THIS DARKNESS, AGAINST THE SPIRITUAL FORCES OF WICKEDNESS IN THE HEAVENLY PLACES.**

13 **THEREFORE, TAKE UP THE FULL ARMOR OF GOD, SO THAT YOU WILL BE ABLE TO RESIST IN THE EVIL DAY, AND HAVING DONE EVERYTHING, TO STAND FIRM.**

14 Stand firm therefore, **HAVING GIRDED YOUR LOINS WITH TRUTH, and HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS,**

15 and **HAVING SHOD YOUR FEET WITH THE PREPARATION OF THE GOSPEL OF PEACE;**

16 in addition to all, **TAKING UP THE SHIELD OF FAITH** with which **YOU WILL BE ABLE TO EXTINGUISH ALL THE FLAMING ARROWS OF THE EVIL ONE.**

17 And **TAKE THE HELMET OF SALVATION, and THE SWORD OF THE SPIRIT, WHICH IS THE WORD OF GOD.**

- The Helmet of Salvation protects our minds from Satan's discouragement and depression.
- Discouragement is one of Satan's most vicious, most potent, most incapacitating and most destructive fiery darts. Discouragement is the loss of confidence, courage and enthusiasm; to be "dis-spirited."
- Discouragement can so confuse and distort your mind, making it impossible for you to see the love, care and provision of God.

### THE SATANIC SOURCE OF DISCOURAGEMENT AND DEPRESSION

Revelation 12:10 NASB

Zechariah 3:1-2 NASB

Job 1:6-12

Luke 22:31-34

### REST IN THE JOY OF YOUR FATHER'S PRESENCE

- *The first signs of discouragement are early warnings of drifting from God's presence and fellowship.*
- *To take away God's presence from a Christian is like taking oxygen and water from a human being.*

Psalm 42:1-6 NASB

1 As the deer pants for the water brooks, **SO MY SOUL PANTS FOR YOU, O GOD.**

2 **MY SOUL THIRSTS FOR GOD, FOR THE LIVING GOD; WHEN SHALL I COME AND APPEAR BEFORE GOD?**

3 My tears have been my food day and night, While they say to me all day long, "Where is your God?"

4 **THESE THINGS I REMEMBER AND I POUR OUT MY SOUL WITHIN ME. FOR I USED TO GO ALONG WITH THE THRONG AND LEAD THEM IN PROCESSION TO THE HOUSE OF GOD, WITH THE VOICE OF JOY AND THANKSGIVING, A MULTITUDE KEEPING FESTIVAL.**

5 **WHY ARE YOU IN DESPAIR, O MY SOUL? AND WHY HAVE YOU BECOME DISTURBED WITHIN ME? HOPE IN GOD, FOR I SHALL AGAIN PRAISE HIM FOR THE HELP** (*yeshuwah - salvation, deliverance, victory*) **OF HIS PRESENCE.**

6 **O MY GOD, MY SOUL IS IN DESPAIR WITHIN ME; THEREFORE I REMEMBER YOU** from the land of the Jordan  
And the peaks of Hermon, from Mount Mizar.

**Psalm 16:11 NASB** "You will make known to me the path of life; **IN YOUR PRESENCE IS FULLNESS OF JOY; IN YOUR RIGHT HAND THERE ARE PLEASURES FOREVER.**"

## **REST IN YOUR FATHER'S LOVE**

- *Head knowledge, mental assent, mind exercises will not produce the rest and peace; only experiencing God's love in relationship creates the personal assurance.*
- *When you don't understand why, the assurance of His love for you will dispel the discouragement.*

**Psalm 142:1-7 NASB**

1 Maskil of David, **WHEN HE WAS IN THE CAVE.** A Prayer.

I cry aloud with my voice to the LORD; I make supplication with my voice to the LORD.

2 **I POUR OUT MY COMPLAINT BEFORE HIM; I DECLARE MY TROUBLE BEFORE HIM.**

3 **WHEN MY SPIRIT WAS OVERWHELMED WITHIN ME, YOU KNEW** (*yada - to know by experience, intimacy*) **MY PATH. IN THE WAY WHERE I WALK THEY HAVE HIDDEN A TRAP FOR ME.**

4 **LOOK TO THE RIGHT AND SEE; FOR THERE IS NO ONE WHO REGARDS ME; THERE IS NO ESCAPE FOR ME; NO ONE CARES FOR MY SOUL.**

5 I CRIED OUT TO YOU, O LORD; I SAID, "**YOU ARE MY REFUGE, MY PORTION** IN THE LAND OF THE LIVING."

6 "GIVE HEED TO MY CRY, FOR **I AM BROUGHT VERY LOW**; DELIVER ME FROM MY PERSECUTORS, FOR THEY ARE TOO STRONG FOR ME."

7 "BRING MY SOUL OUT OF PRISON, SO THAT I MAY GIVE THANKS TO YOUR NAME; THE RIGHTEOUS WILL SURROUND ME, FOR **YOU WILL DEAL BOUNTIFULLY WITH ME.**"

**Job 31:4 NASB** "DOES HE NOT **SEE MY WAYS AND NUMBER ALL MY STEPS?**"

**Psalm 56:8 NASB** "YOU HAVE TAKEN ACCOUNT OF MY WANDERINGS; **PUT MY TEARS IN YOUR BOTTLE. ARE THEY NOT IN YOUR BOOK?**"

**Psalm 23:4 NASB** "Even though I walk through the valley of the shadow of death, I fear no evil, for **YOU ARE WITH ME.**"

**Ephesians 3:16-17 NASB**

16 that He would grant you, according to the riches of His glory, **TO BE STRENGTHENED WITH POWER THROUGH HIS SPIRIT IN THE INNER MAN,**

17 **SO THAT CHRIST MAY DWELL IN YOUR HEARTS THROUGH FAITH; AND THAT YOU, BEING ROOTED AND GROUNDED IN LOVE,**

**Romans 8:33-39 NASB**

33 **WHO WILL BRING A CHARGE AGAINST GOD'S ELECT? GOD IS THE ONE WHO JUSTIFIES;**

34 **WHO IS THE ONE WHO CONDEMNS? CHRIST JESUS IS HE WHO DIED, YES, RATHER WHO WAS RAISED, WHO IS AT THE RIGHT HAND OF GOD, WHO ALSO INTERCEDES FOR US.**

35 **WHO WILL SEPARATE US FROM THE LOVE OF CHRIST? WILL TRIBULATION, OR DISTRESS, OR PERSECUTION, OR FAMINE, OR NAKEDNESS, OR PERIL, OR SWORD?**

36 Just as it is written, "For Your sake we are being put to death all day long; we were considered as sheep to be slaughtered."

37 **BUT IN ALL THESE THINGS WE OVERWHELMINGLY CONQUER THROUGH HIM WHO LOVED US.**

38 **FOR I AM CONVINCED THAT NEITHER DEATH, NOR LIFE, NOR ANGELS, NOR PRINCIPALITIES, NOR THINGS PRESENT, NOR THINGS TO COME, NOR POWERS,**

39 **NOR HEIGHT, NOR DEPTH, NOR ANY OTHER CREATED THING, WILL BE ABLE TO SEPARATE US FROM THE LOVE OF GOD, WHICH IS IN CHRIST JESUS OUR LORD.**

## **REST IN YOUR FATHER'S SOVEREIGNTY**

- *You will never grow past the pain until you can look beyond the circumstance to see God at work.*
- *There is no quitting, no giving up, when you know that God's sovereignty has placed you exactly where you are in life and circumstance.*

**Genesis 45:4-8 NASB**

4 Then Joseph said to his brothers, "Please come closer to me." And they came closer. And he said, "I am your brother Joseph, whom you sold into Egypt."

5 **"NOW DO NOT BE GRIEVED OR ANGRY WITH YOURSELVES, BECAUSE YOU SOLD ME HERE, FOR GOD SENT ME BEFORE YOU TO PRESERVE LIFE."**

6 "For the famine has been in the land these two years, and there are still five years in which there will be neither plowing nor harvesting."

7 **"GOD SENT ME BEFORE YOU TO PRESERVE FOR YOU A REMNANT IN THE EARTH, AND TO KEEP YOU ALIVE BY A GREAT DELIVERANCE."**

8 **"NOW, THEREFORE, IT WAS NOT YOU WHO SENT ME HERE, BUT GOD; and He has made me a father to Pharaoh and lord of all his household and ruler over all the land of Egypt."**

**Luke 22:45-46 NASB**

45 When He rose from prayer, He came to the disciples and **FOUND THEM SLEEPING FROM SORROW** (*lype - sadness, pain, grief, affliction*),

46 and said to them, **"WHY ARE YOU SLEEPING? GET UP AND PRAY THAT YOU MAY NOT ENTER INTO TEMPTATION."**

## **SEEK YOUR FATHER'S WISDOM AND PREPARATION**

- *The Holy Spirit, the "Comforter" or "Helper", has been given to each Christian to individually and intimately prepare, guide and teach through every trial and temptation.*

**John 16:13 NASB**

"But when He, the Spirit of truth, comes, He will guide you into all the truth; **FOR HE WILL NOT SPEAK ON HIS OWN INITIATIVE, BUT WHATEVER HE HEARS, HE WILL SPEAK; AND HE WILL DISCLOSE TO YOU WHAT IS TO COME.**"

**1 Thessalonians 3:2-4 NASB**

2 and **WE SENT TIMOTHY**, our brother and God's fellow worker in the gospel of Christ, **TO STRENGTHEN AND ENCOURAGE YOU AS TO YOUR FAITH,**

3 **SO THAT NO ONE WOULD BE DISTURBED BY THESE AFFLICTIONS; FOR YOU YOURSELVES KNOW THAT WE HAVE BEEN DESTINED FOR THIS.**

4 For indeed when we were with you, **WE KEPT TELLING YOU IN ADVANCE THAT WE WERE GOING TO SUFFER AFFLICTION; AND SO IT CAME TO PASS,** as you know.

**Acts 20:22-25** NASB

22 "And now, behold, **BOUND BY THE SPIRIT, I AM ON MY WAY TO JERUSALEM, NOT KNOWING WHAT WILL HAPPEN TO ME THERE,**"

23 "**EXCEPT THAT THE HOLY SPIRIT SOLEMNLY TESTIFIES TO ME IN EVERY CITY, SAYING THAT BONDS AND AFFLICTIONS AWAIT ME.**"

24 "**BUT I DO NOT CONSIDER MY LIFE OF ANY ACCOUNT AS DEAR TO MYSELF, SO THAT I MAY FINISH MY COURSE AND THE MINISTRY WHICH I RECEIVED FROM THE LORD JESUS, TO TESTIFY SOLEMNLY OF THE GOSPEL OF THE GRACE OF GOD.**"

25 "And now, behold, I know that all of you, among whom I went about preaching the kingdom, **WILL NO LONGER SEE MY FACE.**"

**James 1:5-6** NASB

5 **BUT IF ANY OF YOU LACKS WISDOM, LET HIM ASK OF GOD, WHO GIVES TO ALL GENEROUSLY AND WITHOUT REPROACH, AND IT WILL BE GIVEN TO HIM.**

6 **BUT HE MUST ASK IN FAITH WITHOUT ANY DOUBTING,** for the one who doubts is like the surf of the sea, driven and tossed by the wind.

## **REFUSE TO LOOK AT THE VISIBLE - FOCUS ON THE INVISIBLE**

- *With the right focus of heart, the grace of God enables you to endure anything.*
- *Discouragement flees when you can see past the pain of the temporal and catch a glimpse of the eternal which God is working in you.*

**Hebrews 12:1-4** NASB

1 Therefore, since we have so great a cloud of witnesses surrounding us, **LET US ALSO LAY ASIDE** (*apotithemi - to put off, put away*) **EVERY ENCUMBRANCE AND THE SIN WHICH SO EASILY ENTANGLES** (*euperistatos - skillfully surrounding, thwarting in every direction*) **US, AND LET US RUN WITH ENDURANCE THE RACE THAT IS SET BEFORE US,**

2 **FIXING** (*aphorao - to turn the eyes away from all else to fix them on something*) **OUR EYES ON JESUS, THE AUTHOR AND PERFECTER OF FAITH, WHO FOR THE JOY SET BEFORE HIM ENDURED THE CROSS, DESPISING THE SHAME, AND HAS SAT DOWN AT THE RIGHT HAND OF THE THRONE OF GOD.**

3 **FOR CONSIDER HIM WHO HAS ENDURED SUCH HOSTILITY BY SINNERS AGAINST HIMSELF, SO THAT YOU WILL NOT GROW WEARY AND LOSE HEART.**

4 You have not yet resisted to the point of shedding blood in your striving against sin;

**2 Corinthians 4:8-11** NASB

8 we are afflicted in every way, but not crushed; perplexed, but not despairing;

9 persecuted, but not forsaken; struck down, but not destroyed;

10 always carrying about in the body the dying of Jesus, so that the life of Jesus also may be manifested in our body.

11 For we who live are constantly being delivered over to death for Jesus' sake, so that the life of Jesus also may be manifested in our mortal flesh.

## 2 Corinthians 4:16 NASB

16 Therefore **WE DO NOT LOSE HEART** (*egkakeo - to lose heart, lose courage, be discouraged, to be weary*), **BUT THOUGH OUR OUTER MAN IS DECAYING, YET OUR INNER MAN IS BEING RENEWED** (*anakainoo - to make new, new strength and new vigor given*) **DAY BY DAY.**

17 For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison,

18 **WHILE WE LOOK NOT AT THE THINGS WHICH ARE SEEN, BUT AT THE THINGS WHICH ARE NOT SEEN; FOR THE THINGS WHICH ARE SEEN ARE TEMPORAL, BUT THE THINGS WHICH ARE NOT SEEN ARE ETERNAL.**

## Acts 7:54-60 NASB

54 Now when they heard this, they were cut to the quick, and **THEY BEGAN GNASHING THEIR TEETH AT HIM.**

55 **BUT BEING FULL OF THE HOLY SPIRIT, HE GAZED INTENTLY INTO HEAVEN AND SAW THE GLORY OF GOD, AND JESUS STANDING AT THE RIGHT HAND OF GOD;**

56 and he said, "Behold, I see the heavens opened up and the Son of Man standing at the right hand of God."

57 But they cried out with a loud voice, and covered their ears and rushed at him with one impulse.

58 When they had driven him out of the city, they began stoning him; and the witnesses laid aside their robes at the feet of a young man named Saul.

59 **THEY WENT ON STONING STEPHEN AS HE CALLED ON THE LORD AND SAID, "LORD JESUS, RECEIVE MY SPIRIT!"**

60 **THEN FALLING ON HIS KNEES, HE CRIED OUT WITH A LOUD VOICE, "LORD, DO NOT HOLD THIS SIN AGAINST THEM!" HAVING SAID THIS, HE FELL ASLEEP.**

## NEVER LIMIT GOD'S POWER

- *Doctrine and expectation are two different things!*
- *God can miraculously change in an instant the circumstances opposing you. Never lose the reality of that hope.*

## John 11:20-27 NASB

20 Martha therefore, when she heard that Jesus was coming, went to meet Him, but Mary stayed at the house.

21 Martha then said to Jesus, "**LORD, IF YOU HAD BEEN HERE, MY BROTHER WOULD NOT HAVE DIED.**"

22 "**EVEN NOW I KNOW THAT WHATEVER YOU ASK OF GOD, GOD WILL GIVE YOU.**"

23 Jesus said to her, "**YOUR BROTHER WILL RISE AGAIN.**"

24 Martha said to Him, "**I KNOW THAT HE WILL RISE AGAIN IN THE RESURRECTION ON THE LAST DAY.**"

25 Jesus said to her, "**I AM THE RESURRECTION AND THE LIFE; HE WHO BELIEVES IN ME WILL LIVE EVEN IF HE DIES,**

26 **AND EVERYONE WHO LIVES AND BELIEVES IN ME WILL NEVER DIE. DO YOU BELIEVE THIS?**"

27 She said to Him, "**YES, LORD; I HAVE BELIEVED THAT YOU ARE THE CHRIST, THE SON OF GOD, EVEN HE WHO COMES INTO THE WORLD.**"

## DO NOT ASK "HOW" OR "WHY"

- *Both the "how" and the "why" of our trials and our deliverance are far beyond our comprehension. You will only drive yourself insane trying to go there.*

**"My case is urgent, and I do not see how I am to be delivered; but this is no business of mine. He who makes the promise will find ways and means of keeping it. It is mine to obey His commands; it is not mine to direct His counsels. I am His servant, not His solicitor. I call upon Him, and He will deliver."**

*--C. H. Spurgeon*

**Ecclesiastes 11:5 NASB**

"Just as you do not know the path of the wind and how bones are formed in the womb of the pregnant woman, **SO YOU DO NOT KNOW THE ACTIVITY OF GOD WHO MAKES ALL THINGS.**"

**Psalms 73:1-28 NASB**

1 Surely God is good to Israel, to those who are pure in heart!

2 But as for me, **MY FEET CAME CLOSE TO STUMBLING, MY STEPS HAD ALMOST SLIPPED.**

12 Behold, these are the wicked; And always at ease, they have increased in wealth.

13 **SURELY IN VAIN I HAVE KEPT MY HEART PURE AND WASHED MY HANDS IN INNOCENCE;**

14 For I have been stricken **ALL DAY LONG** and chastened **EVERY MORNING.**

16 **WHEN I PONDERED TO UNDERSTAND THIS, IT WAS TROUBLESOME** (*amal - grievous, sorrowful, painful*) **IN MY SIGHT.**

## **REFUSE TO THINK ABOUT TOMORROW**

- *The anxiousness of tomorrow will steal all of your joy and strength for today.*

**Matthew 6:33-34 NASB**

33 But seek first His kingdom and His righteousness, and all these things will be added to you.

34 **SO DO NOT WORRY ABOUT TOMORROW; FOR TOMORROW WILL CARE FOR ITSELF. EACH DAY HAS ENOUGH TROUBLE OF ITS OWN.**

**1 Peter 5:6-8 NASB**

6 Therefore humble yourselves under the mighty hand of God, that He may exalt you at the proper time,

7 **CASTING ALL YOUR ANXIETY ON HIM, BECAUSE HE CARES FOR YOU.**

8 Be of sober spirit, be on the alert. **YOUR ADVERSARY, THE DEVIL, PROWLs AROUND LIKE A ROARING LION, SEEKING SOMEONE TO DEVOUR.**

## **INVEST INTO GODLY FRIENDSHIPS**

*"Friendship is one of the sweetest joys of life. Many might have failed beneath the bitterness of their trial had they not found a friend." — Charles H. Spurgeon*

**Hebrews 10:23-25 NASB**

23 **LET US HOLD FAST THE CONFESSION OF OUR HOPE WITHOUT WAVERING,** for He who promised is faithful;

24 and **LET US CONSIDER HOW TO STIMULATE ONE ANOTHER TO LOVE AND GOOD DEEDS,**

25 **NOT FORSAKING OUR OWN ASSEMBLING TOGETHER, AS IS THE HABIT OF SOME, BUT ENCOURAGING ONE ANOTHER; AND ALL THE MORE AS YOU SEE THE DAY DRAWING NEAR.**